

Cowichan Valley Trail

Bald Mountain Peninsula park offers a trail system with over 7.6 kilometres of hiking. The Denninger Trails are named after a local scout leader who helped build the network of paths. Whether you want hilly or flat, easy or more challenging, this mountain has something to suit. The full hike from the parking lot to the end of the summit trail is about 4 kilometres in length.

Woodland Trail: Follow an easy, flat roadside path for 1.9 kilometres.

Wetland Loop: Interpretive signs guide you along this 1.1-kilometre route through a natural wetlands area.

Summit Connector: A series of switchbacks take you up a rise of about 80 metres for a more challenging 1.7-kilometre hike.

Plateau Trail: This upper loop provides views of both north and south arms of Lake Cowichan for a distance of .86 kilometres.

Upper Summit: The most challenging hike on the mountain ascends an elevation of 260 metres through logged areas, mossy woods, and grassy alpine paths. The 2.2-kilometre hike rewards you with expansive views of the south and north arms of Cowichan Lake.

Directions: From Lake Cowichan, follow North Shore Road. Turn left onto Meades Creek Road. Turn left onto Marble Bay Road. Just past the Woodland Shores development, turn right into a gravel parking lot (9489 Marble Bay Road).

Amenities: Restrooms at Stoker Park across the street, Parking, Trail map sign, Trail guide posts, Viewing benches

Ideal for: hiking